



The Council of the Corporation of the Town of Greater Napanee hereby proclaims May 12, 2024, as "Fibromyalgia Awareness Day" in the Town of Greater Napanee.

WHEREAS Fibromyalgia Awareness Day aims to raise awareness and end the stigma and discrimination that accompany this chronic illness;

AND WHEREAS Fibromyalgia Association Canada is the only national organization in Canada that supports only fibromyalgia;

AND WHEREAS Fibromyalgia affects about 5% of Canada's population - over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness;

AND WHEREAS Fibromyalgia often takes an average of three (3) to five (5) years to diagnose;

AND WHEREAS there is no known cause of, prevention of, or cure of fibromyalgia;

AND WHEREAS Fibromyalgia (FM) is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment;

AND WHEREAS patients with Fibromyalgia often have a number of co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression;

AND WHEREAS Fibromyalgia (FM) greatly reduces quality of life, can cause total disability and also affect families, friends and employers. Living with chronic pain and fatigue on a daily basis can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone;

AND WHEREAS people with Fibromyalgia (FM) have a right to be treated with dignity and have a right to pain relief;

AND WHEREAS together we will find ways to enhance the quality of lives for people affected by fibromyalgia and together find a cure.

NOW THEREFORE BE IT RESOLVED THAT The Town of Greater Napanee HEREBY PROCLAIMS May 12, 2024, be recognized as Fibromyalgia Awareness Day in the Town of Greater Napanee.

Mayor Terry Richardson